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“They alone live who live for others. The rest are more dead than alive.”

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow, runs the Vivekananda Polyclinic & Institute of Medical Sciences, a 350 bedded multi-speciality community hospital with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving patients from the lower socio-economic strata.

Inauguration of ‘Universal Hearing Screening Programme’, Using Bera Phone

In continuation with its efforts to provide latest, high quality medical care at an affordable cost, Vivekananda Polyclinic & Institute of Medical Sciences, Lucknow has started ‘Universal Hearing Screening Programme’, using

Bera Phone. In ‘Universal Hearing Screening Programme’, all new born babies will be screened with Bera phone to ascertain whether their hearing is normal. This is a simple, non-invasive, bed side test. Those babies found to have hearing impairment by this test will be subjected to further definitive test and necessary intervention, if required.

Incidence of congenital hearing loss is estimated to be 2-3 per 1000 live births. It is very much higher in Preterm babies with severe jaundice and Peri-natal asphyxia etc. If congenital hearing loss is not recognized and managed at an early age, it has permanent adverse effect on child’s speech, language and cognitive development.

The screening programme will be conducted in the

Dept. of Pediatrics and Neonatology, which currently offers Level-III Neonatal services, including care of newborns weighing less than 1000 gms, facilities for mechanical ventilation, neonatal surgery etc. Universal neonatal hearing screening is a routine practice in the Western World and National Neonatology Forum of India has recommended its implementation in our country also.

The equipment for this programme (Bera phone MB 11) has been donated on **13th October, 2014** by **State Bank of India** on whose behalf **Mr. B. Sriram, Managing Director & Group Executive National Banking** presented the medical equipment to **Swami Muktinathananda, the Secretary of the Institute** in presence of **Mr. Karnam Sekar, CGM, SBI, Lucknow Circle, Mr. Dukhbandhu Rath, GM, Network, SBI, Lucknow** and senior Administrative Officers and Consultants from Pediatrics Dept. of the hospital.

It is hoped that addition of this new equipment will enable Vivekananda Polyclinic & Institute of Medical Sciences, Lucknow to upgrade health services provided in the hospital and scale to further heights in a short span of time.

Inauguration of Ultrasound Machine ‘MyLab 40’

Revered Srimat Swami Prabhanandaji Maharaj, Vice President, Ramakrishna Math & Ramakrishna Mission, Belur Math, Howrah, inaugurated Ultrasound Machine ‘MyLab 40’ at the lower ground floor of the Institute on **08th Nov, 2014** in the presence of Swami Muktinathananda, other Monks, Senior Doctors and Paramedical Staff. Dr. G.N. Dey, Visiting Consultant, Radiology, during his briefing said that the department has acquired two new ‘MyLab 40’



Ultrasound Machine manufactured by Esaote to replace the older machines in order to add new dimensions to our work, with an endo cavitory probe. He further stated that the machines will help in improving the quality of Ultrasound imaging besides enhancing the diagnostic acumen of the specialists. He also informed that the Department carries out approximately 2000 Ultrasound investigation per month with specialized investigations like High Resolution Ultrasound and Doppler Studies. USG guided interventions are also carried out regularly in the Department. A substantial number of ultrasounds are done at subsidized rates to help poor and needy patients. **After the inauguration program, all the staff and students of the Institute offered their pranams to Revered Maharaj in the ground floor foyer of the hospital.**

Clean India Campaign

Prime Minister Sri Narendra Modi while addressing the nation on 68th Independence Day gave a clarion call to the country men urging all of us to take a pledge to ensure **‘Clean India’ by 2nd October, 2019** which marks the 150th Birth Anniversary of Mahatma Gandhi. In order to realize the Mission of Clean India, he launched **‘Swachhh Bharat Abhiyan’** on **2nd October, 2014**. **Swami Muktinathananda, Secretary of the Institute took a lead in this noble task.**



While addressing the Monks, Administrators, Doctors, Staff Nurses, Paramedical Staff and Students of the Institute on **1st October, 2014**, he exhorted the gathering to whole-heartedly participate in the people’s movement. He further stated that the Father of the Nation had underlined the importance of sanitation for human lives by saying that **‘Sanitation is more important than political freedom’** which is in accordance with our religious teachings **‘Cleanliness is next to Godliness’**.

As a prelude to Clean India Campaign, the Secretary constituted a **Cleanliness Committee** for the hospital to oversee the implementation of cleanliness in the work places and neighbourhood of the Institute. A **massive cleanliness drive** was organized on **2nd October, 2014** by the hospital staff and students besides display of banners, posters, painting competition, updating of hospital website and provision of adequate dustbins and cleaning materials. It was also decided that henceforth, one day in a month will be dedicated towards cleanliness of the hospital.

Medical Camps

- **Diabetes Acupuncture Camps:** A monthly Diabetes Acupuncture clinic under the guidance of **Dr. Jay Kumar Dixit, President, National Acupuncture Organization of India**, was organized on **5th October** and **5th November, 2014**. A total of **75 diabetic patients** including old registered cases under follow-up were seen during the two camps.
- **Ayurvedic Camp:** An Ayurveda Camp under the guidance of **Sri Yogendra Kumar Bhatt**, renowned Ayurved Acharya from Surendra Nagar, Gujrat was organized on **9th November, 2014** at VPIMS, Lucknow. **58 patients** (42 new and 16 old) suffering from chronic and critical diseases were benefitted from the camp.
- **Homoeopathic Camp:** **Dr. Ashok Kumar Pradhan**, a renowned Homoeopath from **Institute of HYDT (Homoeopathy, Yoga & Diet Therapy), Kolkata** conducted a two days' camp on **22nd and 23rd November, 2014** at VPIMS, Lucknow. **105 patients** (61 new and 44 old) were seen during the camp.
- **Free Cardiology Camps:** VPIMS, Lucknow organized a free Cardiology Camp in collaboration with **Sri Ramakrishna Seva Samiti at Balrampur** on **11th October, 2014**. Free Consultation as well as Free Investigations including ECG, Blood Sugar Test as per requirement, were provided during the camp. **167 patients** were screened during the camp, out of which **10 patients** for **Angiography** and **4 patients** for **cardio thoracic surgery** were shortlisted. A similar camp was held on **12th October, 2014** at VPIMS, Lucknow in which **34 patients** were screened and **01 case** was shortlisted for surgery. Another camp was held on **22nd November, 2014** at **Lakhimpur Kheri** in collaboration with the local **Ramakrishna Seva Samiti** where **55 patients** were screened and **02 cases** were shortlisted for surgery. Further, **49 patients** were screened in the camps held at VPIMS, Lucknow on **1st, 2nd and 23rd November, 2014**, of which **7 patients** were selected for surgery.

All surgical cases selected have been suffering from **ASD, Mitral Stenosis and Mitral Valvular Disease** who may require **Coronary Artery Bypass Graft (CABG)** at a later date. They will be subsequently operated either free or at subsidized cost by an expert team headed by the **Senior Cardio Thoracic Surgeon, Dr. Bhabatosh Biswas, MS, DNB, MCh.**

Cleft Lip and Palate awareness camp

A **'Smile Train Outreach Camp'** was organized in October, 2014 at **Malihabad & Chandrikadevi Mandir, Bakshi ka Talab, Lucknow** by Deptt. of Plastic, Craniofacial & Micro Surgery, VPIMS, Lucknow. The programme was well attended by the patients and local populace. They were educated about the cleft lip and palate problems in the children and the free treatment being offered at VPIMS, Lucknow under the auspices of the smile train organization. A camp was organized on **26 October, 2014** at **Faizullaganj** in which **35 patients** suffering from cleft lip and palate were examined and given date for admission as per their convenience. They will be transported as well as operated free of cost including hospital accommodation, food and medicines under the Smile Train Project, USA. **The camp was inaugurated by Prof. Abhishek Mishra, State Minister – Science & Technology, Uttar Pradesh Government** amidst presence of large number of dignitaries and children accompanied by their parents.

Village Health Programme

The Village Health Programme team of VPIMS comprising General Physician, Ophthalmologist, Gynaecologist, Dental Surgeon, Ayurvedachary, Homeopath, Unani besides DNB trainees and paramedical staff with equipment and medicines continued their programmed visits to **KATRA BAKKAS in Lucknow District on Mondays, HEERPUR ATARIA in Sitapur District on Wednesdays and Saturdays, RAMVANKUTIR in Barabanki District on Thursdays and Dostpur in Rae Bareli District on Fridays.** The following numbers of patients were treated during the last two months is under.

Type	Allopathy	Gynae & Obs	Eye	Dental	Ayurvedic	Homeopathy	Unani	Total
New	2123	57	2517	158	334	257	34	5480
Old	3307	110	1532	186	433	436	74	6078

Charity Activities

- 783 In-patients were treated totally free of charge.
- 15599 Out-patients received totally free and 1106 patients received partially free treatment.
- 597 Cataract Operations including IOL implantations were performed free.
- Under the Smile Train Project, 51 children having cleft lip and palate were operated free.

Math News

Durga Puja: Sri Sri Durga Puja was celebrated at the Ramakrishna Math from **01st to 04th October, 2014** with great festivity and solemn grandeur. Thousands of devotees and visitors from far and near participated in the celebration on all the Puja days and received Prasad. However, the crowd was maximum during the Kumari Puja and Sandhi Puja on the Mahashtami Day. Besides usual formal worship of the deity and Agamani songs, Kali Kirtan etc. special cultural programme were organized in the evening of the Puja days: Duet of Santoor Recital by Pandit Sidhnath Mishra and Sitar Recital by Sri Navin Mishra with Tabla accompaniment by Sri Manoj Mishra was presented on the Saptami day, while Flute Recital by Pandit Ravi Raj Shankar with Tabla accompaniment by Sri Partha Pratim Mukherjee on the Ashtami day and violin recital by Pandit Ashok Goswami with Tabla accompaniment by Pandit Bharat Mishra on the Navami day. In addition, devotional songs were presented after Devi's Sabdhya Aarti by Sri Nayan Ranjan Das as well as Swami Muktinathananda and others from Ramakrishna Math, Lucknow. The Puja concluded with the sprinkling of Peace Water (Shantijal) and distribution of sweets on the evening of Vijaya Dashami.



Special Pujas: As in previous years, **Sri Sri Kojagari Laxmi Puja & Sri Sri Kali Puja** were celebrated at the Math by way of ritualistic worship in images on **07th October & 23rd October, 2014** respectively while the Temple Dedication Day was observed on the occasion of **Sri Sri Jagaddhatri Puja on 01st November, 2014.** Large number of devotees from far and near participated in all the events.

Other Festivals: The birth anniversaries of Swami Subodhanandaji, Swami Vijnananandaji & Swami Premanandaji were observed with discourses on their respective life and teachings. Rass Purnima was celebrated on 06th November, 2014 with a discourse by Swami Muktinathananda on Srimat Bhagavatam. Moreover, Ramnam, Shyamnam & Devnam Sankirtans were held after evening Arati on every Ekadashi, Purnima & Amavasya days respectively.

Upcoming Programme Calendar (Math): December, 2014 to January, 2015

Sundays – 9.30 a.m.

December	7,21,28	On the Gospel of Sri Ramakrishna by Swami Muktinathananda
January	4,11,18,25	

Sundays - 4:00 p.m.

December	7,21	On the Message of Swami Vivekananda for the Youth by Swamis Muktinathananda & Sujayananda
January	11,25	

Fridays – 10:30 a.m.

December	5,12,19,26	On the Gospel of Sri Ma Sarada by Swami's Muktinathananda & Sujayananda
January	2,9,16,23	

Fridays- After Arati

December	5,12,19,26	On Srimat Bhagavad Gita by Swami Muktinathananda
January	2,9	

Other Festivals and Discourse

December, 2014

13 to 14	Saturday to Sunday	Sri Sri Ma Sarada Devi Jayanti** Discourse on 'Sri Ma Sarada Devi in the eyes of Sri Ramakrishna' by Swami Muktinathananda
18	Thursday	Swami Shivananda Jayanti*
24	Wednesday	Christmas Eve (Programme after evening Arati)
27	Saturday	Swami Saradananda Jayanti*

January, 2015

01	Thursday	Kalpataru Utsav Programme from 2:30 p.m. Inter-Faith Goodwill Meet 6:30 p.m.**
04	Sunday	Swami Turiyananda Jayanti*
12	Monday	Swami Vivekananda Jayanti**
17	Saturday	District Level Youth Convention**
22	Thursday	Swami Brahmananda Jayanti*
23	Friday	Swami Trigunatitananda Jayanti*
24	Saturday	Sri Sri Saraswati Puja**
30 to 1 st February	Friday	Regional Youth Convention**

*Discourse after Evening Arati; **Details available in Math Office

Sankirtan after Evening Arati

	Ramnam	Shyamnam	Devinam
December, 2014	2 (Tue), 18 (Thu)	6 (Sat)	22 (Mon)
January, 2015	1(Thu), 16 (Fri), 22 (Thu), 30 (Fri)	5 (Mon)	20 (Tue), 24 (Sat)

*N.B. Bhajans in chorus are held on every Sunday after evening Arati

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Math and Ramakrishna Mission Sevashrama, Lucknow largely depend on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Contributions for the Math and the Mission may kindly be sent by M.O. or Cheque / Draft in favour of Ramakrishna Math, Lucknow or Ramakrishna Mission Sevashrama, Lucknow respectively. Donations are exempt from payment of Income Tax under Section 80G.

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