



Volume:-8, No. 6
Feb-Mar, 2014

“They alone live who live for others. The rest are more dead than alive.”

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow, runs the Vivekananda Polyclinic & Institute of Medical Sciences, a 350 bedded multi-speciality community hospital with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving patients from the lower socio-economic strata.

Annual CME

Vivekananda Polyclinic & Institute of Medical Sciences (VPIMS), Lucknow, celebrated its **Annual CME (Continuing Medical Education)** on **15th February, 2014**. After lighting of lamp amidst Vedic invocation by the monks of Ramakrishna Mission Sevashram, Lucknow, Swami Muktinathananda, the Secretary of the Institute welcomed the audience and said that the programme has attained a special significance since it is being organized in commemoration of 150th birth anniversary of Swami Vivekananda who stood for excellence. **The Chief Guest, Brigadier Dr. T. Prabhakar, Principal, Era Medical College, Lucknow** appreciated the work being carried out at VPIMS and was happy to note that the doctors kept themselves updated with the latest advances in the **Critical Care Medicine**.



In the first session, **Dr. Puneet Goyal, Associate Prof., Dept. of Anesthesia, SGPGI, Lucknow**, updated the audience on latest concepts in **Cardio-Pulmonary Ressuscitation (CPR)**, while **Dr. Afzal Azim, Addl. Prof., Deptt. of Critical Care Medicine, SGPGI, Lucknow**, discussed the various clinical aspects in ‘**Recognition of a Seriously ill-patient**’. **Dr. Mohan Gurzar, Associate Prof., Dept. of Critical Care Medicine, SGPGI, Lucknow** presented in detail ‘**Recognition and treatment of an Acute life threatening event**’.

In the second session, **Dr. Ashoke Kumar Pradhan, Homoeopathic Oncological Consultant, Institute of HYDT (Homoeopathy, Yoga & Diet Therapy), Kolkata** made an interesting presentation on ‘**Cancer Palliative Care by Homoeopathy**’, wherein, he demonstrated how he not only cured some of the cancer patients but also reduced the intensity of pain in almost all the cases of cancer, thereby, improving the quality of their residual life. More than 100 doctors & Post Graduate Students were benefitted from the CME and had a lively discussion with the eminent speakers.

Lamp Lighting Ceremony

The Lamp Lighting Ceremony of the **9th batch of B.Sc. Nursing** and **23rd batch of GNM Nursing** students of Vivekananda College & School of Nursing was celebrated on **17th Feb, 2014** in the presence of a large number of distinguished people of the city including the parents of the students. **Prof. Raj Mehrotra, Dean, King George's Medical University, Lucknow**, the **Chief Guest**, complimented the Nursing College and School of Nursing for improving the nursing services by ensuring not only the continued flow of trained nursing staff but also moulding the young students with an idea of service in accordance with the teachings of **Sri Ramakrishna**.

The programme started with lighting of lamp amidst Vedic chanting by the nursing students. In the welcome address, Swami Muktinathananda, Secretary of the Institute, explained the significance of the ceremony as part of our **“Journey from darkness to light”**. He mentioned that on this occasion as many as 61 B.Sc. & GNM Nursing Students are taking vows of renunciation and service. **Ms. Chandini Tiagi, Principal of the Nursing Institute** presented the Annual Report highlighting the academic and clinical achievements of the students. She said that the lamp lighting ceremony initiates the new aspirants into the nursing profession and the vows they pledge reflect the values exemplified by **Florence Nightingale**. The students recited their vows in Sanskrit holding a lamp each in their hand in the presence of the imposing image of **Swami Vivekananda** and a portrait of **Florence Nightingale** over-viewing the gathering.

A large number of attractive prizes in the form of cash awards & medals were presented along with certificates to the meritorious & professionally excellent students. The programme concluded with the vote of thanks by Sri Ravi Kumar, Vice Principal of the Nursing Institute.

A befitting closing song in chorus was presented by the nursing students. The lamp lighting ceremony left an indelible impression in the hearts of all present encouraging them to be initiated into the spirit of renunciation and of service in their individual lives also.



45th Dedication Day

45th Dedication Day Anniversary of the Institute was observed on **18th February, 2014**. Prof. **R.K. Sharma, Director, SGPGI, Lucknow**, was the **Chief Guest** of the function. The programme started with the lighting of lamp amidst Vedic invocation followed by an opening song by the Nursing students of the Institute. **Swami Muktinathananda**, the Secretary welcomed the audience reiterating the central motto of the organization namely **Atmano Mokshartham Jagat Hitai Cha i.e., “for the emancipation of the self and benefit of the world.”** He stressed that this can be achieved only through implementation of the twin ideals of renunciation and service which gets reflected in the quality of our patients’ care. As real life examples, he mentioned the names of a few dedicated workers of the Institute and felicitated **Dr. C.B. Agnihotri, Medical Superintendent & Dr. S.K. Khanna, HOD, Radiology** to each a cheque of value of Rs. One Lakh was handed over as a token of grateful acknowledgement of their long dedicated services.

Dr. C.B. Agnihotri, presented the Annual Report and narrated the newer achievements. He informed that the **Institute has been selected as one of the top 5 multispeciality hospitals in Lucknow for the fourth consecutive year by Nielsen’s Survey** (an independent professional body for ABP news channel) in recognition of the exemplary services rendered to the community in the urban and rural health programmes. He also mentioned about the charitable services being offered to the rural population with the help of the mobile medical units. During the last year, **58286** outdoor patients were treated free of charge, whereas, **3582 free cataract operations** were performed besides conducting **790 free cleft lip and palate operations** under the Smile Train Project, U.S.A.



Prizes were given for the various sport events participated by the doctors, nurses and staff members. The vote of thanks was presented by **Padmashree Dr. S.C. Rai, President of the Managing Committee of Ramakrishna Mission Sevashram, Lucknow**, followed by refreshments to all present. Everyone went home rededicating themselves in the spirit of Seva as per the ideas and ideals of **Swami Vivekananda**.

Medical Camps

- **World Cancer Day** was observed on **4th Feb, 2014**. **Dr. Neeraj Tandon, Visiting Oncologist**, made an interesting presentation on the role of diet in the management and treatment of cancer patients. He stressed that the fresh fruits and vegetables help in prevention of cancer. A poster exhibition by the nursing students was also organized and prizes were distributed by the Chief Guest, **Sri G.B. Pattanaik, IAS (Retd.)**.
- **Obesity, Pain Management & Yoga Camp** A **6 day- long** camp on Obesity & Pain Management was organized by the Dept. of Yoga & Naturopathy from **24 Feb to 1st March, 2014**. **Sixty** patients attended the camp out of which **11**

cases were selected for treatment. This was followed by 15 days Yoga Camp from 2 to 16 March, 2014 which was attended by 11 participants.

- **World Glaucoma Week** was observed from 10th to 12th March, 2014 in collaboration with Alcon India. A video film on Glaucoma was screened for the benefit of patients/ attendants besides free distribution of booklets/pamphlets on Glaucoma.

Village Health Programme

The Village Health Programme team of VPIMS comprising General Physician, Ophthalmologist, Gynaecologist, Dental Surgeon, Ayurvedacharya, DNB trainees and paramedical staff with equipment and medicines continued their programmed visits to **KATRA BAKKAS** in Lucknow District on Mondays, **HEERPUR ATARIA** in Sitapur District on Wednesdays and Saturdays, **RAMVANKUTIR** in Barabanki District on Thursdays and **Dostpur** in Rae Bareli District on Fridays. The following numbers of patients were treated during the last two months:

Type	Allopathy	Gynae & Obs	Eye	Dental	Ayurvedic	Homeopathy	Unani	Total
New	1974	65	2736	147	362	342	81	5707
Old	3727	92	2295	150	513	479	163	7419

Charity Activities

- 998 In-patients were treated totally free of charge.
- 13447 Out-patients received totally free and 1181 patients received partially free treatment.
- 791 Cataract Operations including IOL implantations were performed free.
- Under the Smile Train Project, 111 children having cleft lip and palate were operated free.

Math News

178th Birth Anniversary of Bhagavan Sri Ramakrishna Deva:

178th Birth Anniversary of Bhagavan Sri Ramakrishna Deva was celebrated for 7 days from 3rd to 9th March, 2014 with due solemnity and grandeur. Besides day long worship, Havan etc., a public meeting was organized after evening Arati where Hon'ble Justice U.K. Dhaon, (Retd.) Judge, Allahabad High Court and Member, State Human Rights Commission, U.P., Lucknow, spoke on 'Sri Ramakrishna –The Prophet of the Modern Age', while Swami Muktinathananda, Adhyaksha, Ramakrishna Math, Lucknow delivered a talk on 'Sri Ramakrishna- the Synthesizer of Religion'. This was followed by Audio Drama 'Yugacharya Sri Ramakrishna by 'Baak', Kolkata and a Musical Potrait 'Sabke Thakur Sri Ramakrishna' on 4th & 5th March, 2014 respectively.

A 4 day long Musical Tribute was organized from 6th March to 9th March, 2014 in the premises of Ramakrishna Math, Lucknow. Prof. Pandit Om Prakash Malviya of Allahabad presented Dhrupad recital in accompaniment with Sri Vimarsh Malviya in Pakhawaj and Sri Shankarsh Chaturvedi as vocal assistants which set the tune of the following Indian Classical Music Conference. The sonorous chanting of Medha Shuktam from the Vedas created a divine effect at the beginning of the programme. The inaugural address was presented by the Chief Guest Sri Rajan Shukla, IAS, Principal Secretary, Dept. of Culture, U.P. who emphasized the great contribution of Indian Classical Music in the fabric of Indian History and its rich culture.



Swami Sarvagananandaji Maharaj, Secretary, Ramakrishna Mission Ashrama, Narendrapur, Kolkata presented a lecture cum demonstration highlighting the contribution of Swami Vivekananda to classical Indian as well as Western Music. This was followed by Tal Taranga by the artists of Kolkata viz. Tabla by Sri Abhijit Banerjee, Ghatam by Sri Somnath Roy, Pakhawaj by Sri Apurba Lal Manna and Bangla Dhol by Sri Ranjan De who kept the audience spell bound. The programme concluded with a Sarod recital which was presented by the renowned Sarodist Sri Narendra Nath Dhar, the former Dean of Bhatkhande Sangeet Sansthan, Lucknow. He was accompanied in Tabla by Sri Abhijit Banerjee of Kolkata. He started with Raga Puria which was followed by Mishra Khambwaj. It won the hearts of all the listeners.

On 7th March, 2014, Sri Kushal Das a 'TOP-GRADE Musician' of AIR & Doordarshan hailing from a family of renowned musicians, presented Sitar recital with Shudh Basant raag and completed his recital with Bilambit Teen Taal and Drut Teen Taal with Tabla accompaniment by Sri Abhijeet Banerjee from Kolkata.

After the evening Arati, Sri Jayateerth Mevundi from Hubli sang with Tabla and Harmonium accompaniment by Sri Samar Saha from Kolkata and Sri Dharamnath Mishra from Lucknow respectively. He presented a variety of classical vocal recitals with Kedar raag followed by melodious bhajans which aroused genuine interest of the audience.

On 8th March, 2014, a flute recital was presented by **Sri Rajendra Prasanna, New Delhi** with Tabla accompaniment by **Sri Samar Saha, Kolkata**. This was followed by a **scintillating dance performance by Sri Rajendra Gangani, New Delhi** with harmonium accompaniment by **Sri Dharamnath Mishra, Lucknow** and Tabla accompaniment by **Sri Fotesing Gangani, New Delhi** which was greatly appreciated by one and all in the audience.

On 9th March, 2014, **Abhay Rustum Supuri of Mumbai**, presented **Santoor recital** with tabla accompaniment by **Sri Durjay Bhowmik of New Delhi**. In the concluding session of the musical conference, **Sri Samaresh Chowdhary of Kolkata** mesmerized all by his vocal recital in Raga "Dharmagati" in the South Indian style with table accompaniment by **Sri Durjay Bhowmik**. This was followed by Raga 'Pushpa'. The programme ended with fireworks creating an indelible and joyful impression in the minds of one and all.

In addition to the aforesaid musical conference, a **State Level Seminar on Religious Harmony** was also organized from **8th to 9th March, 2014** in the **Ramakrishna Math, Nirala Nagar, Lucknow**. The inaugural ceremony commenced with the lighting of lamp by **Swami Suviranandaji Maharaj, Asst. Secretary of Ramakrishna Math & Ramakrishna Mission, Belur Math, Howrah**, amidst vedic chanting by the monks and brahamcharis of Ramakrishna order. In the welcome address **Swami Muktinathananda, Secretary, Ramakrishna Mission Sevashram, Lucknow** said that the central truth is same in every religion while the interpretations and methods are diversified. He further said that on the first day representatives of different schools within Hinduism will present their respective philosophies while striking on the central chord of unity in diversity and on the second day representatives of different religions will present a similar note.

Swami Suviranandaji in his inaugural address on **Intra Faith Conference** said that **Swami Vivekananda** taught (a) Each soul is potentially divine (b) Harmony of religion is necessary and (c) Synthesis of 4 yoga is to be realized in life. **Padmasri Dr. S.C. Rai, President, Management Committee of Ramakrishna Mission Sevashram, Lucknow** presented a vote of thanks.

In the first session, **Prof. Jugal Kishore Mishra of Varanasi** spoke eloquently on **Shaivism** while **Prof. Kamlesh Tripathi of Varanasi** spoke on **Shakti Upasana**. **Sri Shrivatsa Goswami of Vrindavan** spoke on **Vaishnavism**. In the next session **Mahant Sri Ramavatar Das, Manas Agast, Ayodhya** spoke on **Ramait Marg** and **Acharya Pradip Kumar Pandey** deliberated on **Tantra & Sri Vidya** while **Swami Satyamayananda of Advaita Ashrama, Mayavati, Pithoragarh, Uttarakhand**, dealt on **Vedantism**. Each speaker highlighted the central message of the respective doctrines of Hinduism based on the central chord of unity in diversity, as preached by **Swami Vivekananda**.

On the second day, the inter-faith dialogue started with the devotional song of **Swami Prajnatmananda of Ramakrishna Math, Kamarpukur**. This was followed by 3 speakers each in the subsequent 3 sessions.

Swami Satyamayananda represented **Hinduism** and said that it is universal and common to all religions. **Sri Phoolchand Jain, Director B.L. Institute of Indology Studies, New Delhi** presented the **gist of Jainism** and said that out of **24 Tirthankars, Mahavir** was the last thirthankar. **Dr. A.K. Merchant, National Trustee, Lotus temple & Bahais community of India, New Delhi** traced the origin of the faith propounded by **Baha-ullah** 150 years ago in Iran.

In the next session, **Buddism** was highlighted by **Bhante Devender, Vice Chairman, International Budhisht Research Institute, Shrawasti, U.P.**, and pointed out that religion is that which holds us together.

Rabbi Ezekiel Issac Malekar, Prest & Honorary Secretary, Judah Hyam Synagogue, New Delhi said that truth is the **God of Judaism** while non violence and love is the method, which is detailed in the scripture 'Tora'. **Dr. M.D. Thomas, Director, Institute of Harmony Studies, New Delhi**, represented **Christianity**, **Nawab Zafar Mir Abdullah** represented **Islam** and **Prof. Manjit Singh of S.G.P.C., Amritsar, Punjab** spoke on behalf of **Shikhism**. **Sri Sri Vichar Das, Mohant, Sant Kabir Samadhi Mandir, Maghar, Khalilabad**, narrated the universal message of **Kabir**.

Prof. Himanshu Rai, IIM, Lucknow conducted the panel discussion in which **Prof. Manjit Singh, Mr. Malekar, Swami Satyamayananda, Sri Phoolchand Jain, Dr. Merchant, Sri Vichar Das & Nwab Jafar Mir** participated. The panel discussion was very much appreciated by the entire audience.

Other festivals:

Other festivals including birth anniversaries of **Swami Brahmananda, Swami Trigunatitananda, Swami Adbhutananda & Swami Yogananda, Sri Sri Sarawati Puja** and a night long **Maha Shivaratri** were also celebrated, besides **Ramnam, Shyamanam & Devanam Sankirtan** were also held after evening **Arati** on **Ekadashi, Purnima** and **Amavashya** days respectively.

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Math and Ramakrishna Mission Sevashrama, Lucknow largely depend on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Contributions for the Math and the Mission may kindly be sent by M.O. or

Ramakrishna Math & Ramakrishna Mission Sevashrama

Math: Nirala Nagar, Lucknow – 226020, Uttar Pradesh

Phone Nos. : Math: (0522) 278-7143, 278-7191, Tele Fax: (0522) 278-7168

Hospital: Vivekananda Puram, Lucknow – 226 007, Uttar Pradesh

Phone Nos. : (0522) 232-1277-, 237-1233 Tele Fax: (0522) 2329624

E-Mail : rkmvplko@gmail.com, rkml@rkml.org

Website : www.ramakrishnalucknow.org