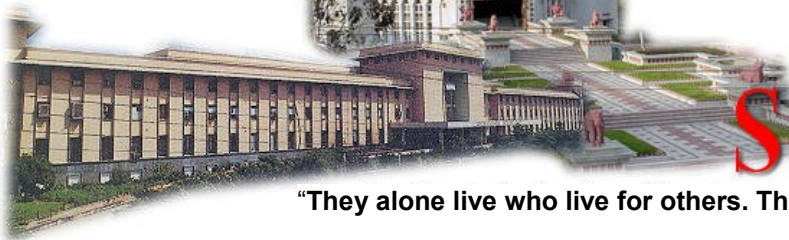




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Seva

“They alone live who live for others. The rest are more dead than alive.”

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow, runs the Vivekananda Polyclinic & Institute of Medical Sciences, a 350 bedded multi-specialty community hospital, with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving persons from lower socio-economic strata.

Inauguration of High End Phaco Machine Infiniti

Srimat Swami Suhitanandji Maharaj, General Secretary, Ramakrishna Math & Ramakrishna Mission, Belur Math, Howrah inaugurated a High End Phaco Machine Infiniti at the newly built Eye O.T. of Vivekananda Polyclinic & Institute of Medical Sciences (VPIMS), Lucknow on 14th September 2013 in presence of Monastic Brothers, Senior Administrative Officers, Ophthalmology Consultants and Paramedical Staff as well as large number of eye-patients of the Institute.

The 4th generation Phaco Machine-the latest of its kind is fully automatic machine which enables the Eye Surgeon to perform Cataract Surgeries with high speed and fine precision in best visual recovery in a short span of time. It is hoped that with this machine we shall be able to provide much better services to the needy with excellent visual outcome and affordable cost.

The Ophthalmology Department of the VPIMS, Lucknow is well equipped with all the modern facilities to take care of the various visual needs of eye patients. The department performs nearly 3000 cataract operations annually, 80% of which are totally free of cost.



Cyto-Pathology Conference

Dr. Padam K. Agarwal, Sr. Consultant in Pathology and DNB Coordinator, VPIMS Lucknow and founder Cyto-Pathology delivered a key note address on Brain & Thyroid Cancer at the Cyto-Pathology Workshop Held at KGMU, Lucknow on 15.09.2013. She said that the field of Cyto-Pathology is being continuously updated and with this technique Brain and Thyroid Cancers can be easily identified by microscopic examination of the few cells obtained from the diseased tissue without doing any biopsy and the definite line of treatment of patients can be decided by the doctors. The Secretary congratulated her for being a dedicated Pathologist and hoped that the DNB students will gain proficiency their courses under her guidance.

Smile Train Workshop:



A workshop was held at VPIMS, Lucknow on 25-26 August 2013, by **Dr. Arun Gosain, Member-Medical Advisory Board, Smile Train USA and Plastic Surgeon, Lurie Children Hospital, Boston.** He delivered a talk on **“Repair of Secondary Cleft Nasal Deformities”** followed by a live demonstration of **06 operations.** He also appreciated the work being done under smile train project which is comparable with the international standards. Dr Vaibhav Khanna, Visiting Consultant and HOD Department of Plastic and Craniofacial Surgery, VPIMS, Lucknow informed that approximately 60,000 children have already been operated in our institute free of cost with excellent results. He added that the latest surgical techniques

demonstrated will help us in providing better treatment to the patients.

Medical Camps

Obesity and Pain Management Camp: A 6 day-long camp on Obesity and Pain Management Camp was organized at VPIMS, Lucknow by the Department of Yoga & Naturopathy from **16 to 21 September 2013.** A total of **79 patients** attended the camp, out of which **30 patients** of Cervical/Lumbar Spondylitis, Arthritis & Obesity were selected for treatment.

Yoga Camp: A Yoga Camp for **15** days was organized by the Department of Yoga and Naturopathy, VPIMS, Lucknow from 23 September to 8 October **2013** onwards. A total of **14 participants** were trained in various Yoga, Pranayama and Meditation Practices towards ensuring Holistic Health.

Health Awareness Camp on PCOS: A health awareness camp on Poly Cystic Ovarian Syndrome (PCOS) was organised on 10 September 2013 by Dr. Vaishali Jain, Visiting Consultant, Gynaecologist, VPIMS, Lucknow. 40 participants attended an audio visual presentation which included Consultants, DNB Doctors & Nursing Staff of the Institute.

Oral Cancer Awareness: Dr. Neeraj Tandon, Visiting Consultant Oncologist, VPIMS, Lucknow delivered a series of audio visual presentation on Oral Cancer Awareness in the various schools and colleges of Lucknow, explaining the ill effects of tobacco. He also presented cases with pre-malignant and cancer lesions. A camp on Oral Cancer Awareness was also held at BIJVA (Lakhimpur Khiri District) which was attended by 500 patients/villagers.

Felicitations

Prof. D.S. Gupta, former Dean, Dental & Head, Orthodontics, King George Medical College, Lucknow and Visiting Consultant, Dental Surgeon (Orthodontics), VPIMS, Lucknow was presented with **Lifetime Achievement Award** by **Prof. D.K. Gupta**, Vice Chancellor, King George's Medical University, Lucknow for his life long achievements and outstanding contribution made in the field of Dental Sciences on Teachers' Day, the 5th September 2013 at KGMU, Lucknow, (U.P.)

Prof. Gupta is a Fellow of the Indian Board of Orthodontics. The American Biographical Institute of USA honoured him with the **Man of**



the Year Award in 2001 for outstanding accomplishments and the noble example set for his peers. He is also the recipient of the **Rashtriya Gaurav Award in 2004** by the India International Friendship Society for his contributions made in the field of Education and Science. The Secretary congratulated him for being a dedicated Consultant Dental Surgeon and hoped that the Dental Department of VPIMS, Lucknow will become a center of excellence under his guidance and continued patronage.

VILLAGE HEALTH PROGRAMME

The Village Health Programme team of VPIMS comprising General Physician, Ophthalmologist, Gynecologist, Dental Surgeon, Ayurvedacharya, DNB trainees and paramedical staff with equipment and medicines continued their programmed visits to **HEERPUR ATARIA in Sitapur District** on Wednesday and Saturdays, **KATRA BAKKAS in Lucknow District on Mondays**, **Dostpur in Raebareilly District on Fridays** and **RAMVANKUTIR in Barabanki District on Thursdays**. The following numbers of patients were treated during the last two months:

Type	Allopathy	Gyn & Obs	Eye	Dental	Ayurveda	Homeopathy	Unani	Total
New	2851	73	2657	225	467	495	145	6913
Old	4444	97	1560	280	500	558	178	7617

Charity Activities

- 311 In-patients were treated totally free of charge.
- 11710 Out-patients received totally free and 1160 patients received partially free treatment.
- 154 Cataract Operations including IOL implantations were performed free.
- Under the Smile Train Project 111 children having cleft lip and palate were operated free

Math News

Vivekananda Rath Yatra in U.P.

In commemoration of Swami Vivekananda's 150th birth anniversary (2010-14) and in order to have a large scale participation from the youth proration of Swami Vivekananda's life giving messages. a Vivekananda Ratha Yatra was organized covering 6 States viz. Jharkhand, Bihar, U.P., U.K., M.P. and Chattisgarh. The Vivekananda Rath with Two Fibre glass statues of Swami Vivekananda in standing and sitting postures mounted on a well decorated Truck reached Lucknow on 20 September 2013.



A civic reception was Organized at Begum Hazrat Mahal Park beside Parivartan Chowk where the Vivekananda Rath was flagged off by Dr Dinesh Sharma, Mayor, Lucknow in presence of the Secretary and a large number of civilians, devotees, teachers and college children. The procession covered a distance of 2 km with great fan fare and reached Math passing through Vivekananda Polyclinic & Nursing College where the staff and students offered floral tribute with great reverence and also recited "Swadesh Mantra" of Swamiji

Other Events: Krishna Janmasthanmi was celebrated on 28th August 2013 by way of special worship at the temple followed by a discourse by Swami Muktinathananda after evening Arati besides talks on the life and teachings of Swami Niranjanananda & Swami Advaitananda In addition, besides Ramnam, Shyamnam and Devnam Sankirtans after eveing Arati, weekly discourses on the Gospel of Sri

Ramakrishna on Sunday morning and Srimat Bhagawad Gita in Hindi on Friday evening were also conducted by Swami Muktinathananda.

Upcoming Programme Calendar (Math): October to November 2013			
Sundays – 9.00 a.m.			
Oct.	6, 20	On the Gospel of Sri Ramakrishna by Swami Muktinathananda	
Nov.	17		
Sundays - 4:30 p.m.			
Oct.	6, 20	On the Message of Swami Vivekananda for the Youth by Swami Muktinathananda	
Nov.	3, 17		
Fridays – 10:00 a.m.			
Oct.	4, 25	On the Gospel of Sri Ma Sarada by Swami Muktinathananda & Sujayananda	
Nov.	1, 8, 15, 22, 29		
Fridays- After Arati			
Oct.		On Srimat Bhagavad Gita by Swami Muktinathananda	
Nov.	1, 15, 22		
Other Festivals and Discourse			
Oct. 2013			
04	Friday	Swami Akhandananda Jayanti*	
10	Thursday	Sashthyadi Kalparanbha**	
11	Friday	Mahasaptami Puja**	
12	Saturday	Mahasthami Puja** Kumari Puja (from 09:30 am) Sandhi Puja (from 03:03 pm to 03:51 pm)	
13	Sunday	Mahanavmi Puja**	
14	Monday	Vijaya Dashami Puja & Shanti Jal**	
18	Friday	Sri Sri Lakshmi Puja (from 7:00 pm)**	
Nov. 2013			
02	Saturday	Sri Sri Kali Puja (from 9:00 pm for whole night)**	
11	Monday	Temple Dedication Day (Sri Sri Jagaddharti Puja)**	
14	Thursday	Swami Subodhananda Jayanti*	
16	Saturday	Swami Vijnanananda Jayanti*	
17	Sunday	Raas Purnima (Readings from Srimad Bagavatam)*	
*Discourse after evening Arati; **Details available in Math Office			
Sankirtan after Evening Arati			
	Ramnam	Shyamanam	Devinam
Oct.	15 (Tue), 30 (Wed)	18 (Fri)	4 (Fri)
Nov.	13 (Wed), 29 (Fri)	17 (Sun)	3 (Sun), 11 (Mon)

***N.B. Bhajans in chorus are held on every Sunday after evening Arati**

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Math and Ramakrishna Mission Sevashrama, Lucknow largely depend on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Contributions for the Math and the Mission may kindly be sent by M.O. or Cheque / Draft in favour of Ramakrishna Math, Lucknow or Ramakrishna Mission Sevashrama, Lucknow respectively. Donations are exempt from payment of Income Tax under Section 80G.

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