



Volume:-12, No. 6
Feb. to Mar. 2018

“They alone live who live for others. The rest are more dead than alive.”

Polyclinic News

Ramakrishna Mission Sevashrama, Lucknow, runs the Vivekananda Polyclinic & Institute of Medical Sciences, a 350 bedded multi-speciality community hospital with the objective of providing quality healthcare at the lowest cost to all patients and to provide charity services to deserving patients from the lower socio-economic strata.

31st Annual Continued Medical Education (CME):

Vivekananda Polyclinic & Institute of Medical Sciences, Lucknow celebrated its 31st Annual Continued Medical Education CME on 16th February 2018. The theme of the CME was **“Antimicrobial Resistance”**.



The programme started with lighting of lamp amidst Vedic invocation by the nursing staff of the Institute. Swami Muktinathananda, Secretary, Vivekananda Polyclinic & Institute of Medical Sciences, welcomed the audience and emphasized on the need for constantly upgrading our knowledge & being abreast with the latest developments in the field. He said that lifelong learning is required for academic and professional excellence.

The Chief Guest, Dr. Banani Poddar, Professor, Dept. of Critical Care Medicine, SGPGIMS, Lucknow, discussed the work done by Swami Vivekananda in upliftment of the downtrodden in the society. She also emphasized that the teachings of Swami Vivekananda are much more relevant today. She further elaborated on the current scary scenario of anti-microbial resistance, its causations, ways & means to overcome and prevent it.

In the first session, Prof. Jyotsna Agarwal, HOD, Dept. of Microbiology, RMLIMS, Lucknow, spoke about human-microbe interaction, antibiotic policy & antibiotic consumption. Prof Afzal Azim, from Dept. of Critical Care Medicine, SGPGIMS, Lucknow, emphasized on need to send blood culture before starting antibiotic & reviewing the therapy once the culture report is available.

In the second session, Dr. Debashish Saha, Consultant Nephrologist, VPIMS, Lucknow, discussed Catheter Related Blood Stream Infections, while Dr. Sandeep Verma, Dept. of GASTROsurgery, KGMU, Lucknow, elaborated on Surgical Site Infection.

The last session Dr. Bhawana Jain, Consultant Microbiologist, VPIMS, Lucknow, dealt with mechanism & processes leading to antimicrobial resistance & different aspects of potential solution towards the problem.

Each presentation by the speakers was followed by lively discussion and questions from the learned audience. More than 100 Doctors & Post Graduate Students which was attended the CME.

Lamp Lighting Ceremony:

The Lamp Lighting Ceremony of the **13th batch of BSc. Nursing** and **27th batch of GNM Nursing** students of Vivekananda College & School of Nursing was celebrated on **17th February 2018** at VPIMS, Lucknow in the presence of a large number of distinguished people of the city including the parents of the students.

The programme started with lighting of lamp amidst Vedic Chanting by the nursing students. In the Welcome Address, **Swami Muktinathananda, Secretary of the Institute** explained the significance of the ceremony. He stressed that today as many as 50 B.Sc. & 20 GNM Nursing Students are taking vows of renunciation and service. He also prayed the Almighty to shower his choicest blessings on the young nursing students for their continued success, glory and joy associated with the nursing profession.

Mrs. Chandini Tiagi, Principal of the Nursing Institute presented the **Annual Report** highlighting the academic and clinical



achievements of the students. She said that the lamp lighting ceremony initiates the new aspirants into the nursing profession and the vows they pledge reflect the values of Florence Nightingale. The students recited their vows in Sanskrit holding a lamp each in their hand in the presence of image of Swami Vivekananda and a portrait of Florence Nightingale over-viewing the gathering.

Col. Shine Mathew, Principal, College of Nursing, Command Hospital (Central Command), Lucknow, the Guest of Honour for the occasion, complimented the nursing students for the awesome oath taking ceremony. She also said that students are very fortunate to have passed out from this prestigious Institute which has always been the first choice for the candidates opting for this noble profession and are prepared to face the challenges outside. The onus of giving patient care and comfort and the quality of nursing care lies with them.

Prof. Madhumati Goel, Dean, Faculty of Nursing, King George's Medical University (KGMU), Lucknow was the Chief Guest during the function. She appreciated the endeavour of the Nursing College and School of Nursing for improving the nursing services by ensuring adequate flow of well-trained and disciplined nurses. She congratulated the students to have voluntarily opted for the nursing profession which demands round the clock service with the spirit of sacrifice, devotion, sincerity and selflessness. She further added that the nurses are the backbone of the hospital in giving patient care with compassion and empathy.

A large number of attractive prizes in the form of cash awards, medals & books were presented along with certificates to the Meritorious & Professionally Excellent students. The programme concluded with the Vote of Thanks by Ms. Misbah Izhar Siddiqui, Associate Professor of the Nursing Institute.

A befitting closing song in chorus was presented by the nursing students which was greatly appreciated by the distinguished guests, parents of the students as well as the staff of the Institute. The lamp lighting ceremony left an indelible impression in the hearts of all present encouraging them to be initiated into the spirit of renunciation and service in their individual as well as community lives

49th Dedication Day:



VPIMS, Lucknow observed its anniversary on **18th February, 2018**. The programme started with the Lighting of Lamp amidst Vedic Invocation by the Nursing sisters of the Institute followed by felicitation of the dignitaries.

Swami Muktinathananda, the Secretary of the Institute welcomed the audience and said that the hospital made a humble beginning as early as in **1970** on the **Birth Anniversary of Bhagwan Sri Ramakrishna Paramhans** and since then the day is celebrated every year as **Samarpan Diwas**. He further stated that the hospital has been accredited by **National Accreditation Board for Hospitals and Health Care Providers (NABH)** for a period of **3 years** with effect from **8th January 2018**, which was incidentally **the auspicious of 156th Birth Anniversary of Swami Vivekananda**. He also stated that NABH Accreditation will help us in our continuous growth, maintaining standards of excellence besides extending quality medical care by VPIMS.

Dr. R. K. Sharama the Medical Superintendent of the Hospital presented the Annual Report and complimented the Consultants, DNB students, Nursing and paramedical staff for putting in hard work towards NABH accreditation. He also expressed sincere gratitude to Swami Muktinathananda for constantly motivating the staff and extending support in developing the hospital infrastructure and medical equipments as per NABH requirement. He also narrated the newer achievements of the Institute viz. Renovation and expansion of Emergency Ward, Sewage treatment plant and Chimney for prevention of water and air pollution respectively (as per the requirement of U.P. State Pollution Control Board) construction of Modular Eye O.T.s and increasing the capacity of Oxygen generation plant. He thanked the donors and patrons for their unstinted financial assistance which has been of help in rendering quality medical services for the common people. He highlighted the ever increasing charitable services being offered to the rural population with the help of the mobile medical units, pointing out that 14,21,357 and 24,762 patients were treated during the year in OPD and IPD respectively.

Dr. (Brig.) T. Prabhakar, V.S.M., Vice Chancellor, Uttar Pradesh University of Medical Sciences, Saifai, Etawah expressed his gratitude for being invited as the Chief Guest of the function. He said that he has derived lot of inspiration from the teachings of Swami Vivekananda and paid glowing tribute to the Institute for providing quality medical care at an affordable cost. He complimented the hospital for getting NABH as well as NABL Accreditation besides providing free and subsidized medical services to the poor people and also quality education to the DNB Doctors as well as MSc, BSc & GNM Nursing students.

Dr. P.F. Kotur, Dean/Director, S.S.S. M.C. R. I. Ammapettai, Chennai and Former Vice Chancellor Sri Dev Raj Urs University, Kolar was the Special Guest during the function. A Book (Padyakavyam) written by Dr. Narottam Lal, Renowned Psychiatrist and Senior Consultant of the hospital was also released on this occasion.

After the sports update by **Dr. Vishal Kumar Singh, the Sports Organizing Secretary**, Prizes were given to winners of various major sport events participated by the doctors, nurses and staff members. The Vote of Thanks was presented by **Padmashree Dr. Nitya Anand, President of the Managing Committee of Ramakrishna Mission Sevashram, Lucknow** proposed a hearty vote of thanks. Everyone went home rededicating themselves in the spirit of Seva as per the ideas and ideals of Swami Vivekananda

7th Annual Meeting of Breast Reconstructive and Aesthetic Surgeon's Association (BRASCON 2018):

VPIMS, Lucknow successfully conducted a Workshop on 02nd Feb 2018 during the Annual Meeting of Association of Reconstructive and Aesthetic Breast Surgeon (BRASCON 2018). Consequently, 53 patients were registered for surgery.

A live operative workshop by the renowned surgeons (International and National) performed surgeries in three Operation Theaters which were demonstrated live to **149 surgeons** attending the workshop. The operative spectrum of workshop included:

1. Mastectomy with Axillary clearance with immediate reconstruction DIEP FLAP.
2. Segmental Mastectomy for recurrent phylloides with immediate reconstruction with LD FLAP.
3. Mastectomy with Sentinel biopsy with Axillary clearance with immediate reconstruction with Pedicled super charge TRAM FLAP.
4. Breast conserving surgery with breast Reshaping.
5. Gynecomastia correction with Liposuction.
6. Nipple Reconstruction.
7. Breast Reduction.
8. Breast Augmentation.
9. Inverted nipple correction.

The above mentioned surgeries were performed throughout the day by the renowned surgeons from various part of globe viz. **Dr. Bhagwat Mathur (UK), Prof. G.D.S. Kalra (Jaipur), Prof. Vinay Kant Shankdhar (Tata Cancer Institute, Mumbai) and Prof. Anurag Srivastava (AIIMS, New Delhi)** who shared their experiences and skills which were a great learning for other surgeons attending the Workshop. **Dr. Neeraj Garg (UK), Dr. Andreas Gravanis (GREECE) and Prof. Pradeep Goel (SGPGIMS, Lucknow)** were also present along with surgeons from other hospitals including KGMU, Lucknow; all of who actively participated in the workshop.



The Workshop was organized under the guidance of Prof. S.D. Pandey (H.O.D) and Dr. Amit Agarwal of the Plastic Surgery Department with the blessings of **Swami Muktinathananda, Secretary of the Institute.**

Workshop-cum-Training Programme on Pharmacovigilance for NABH-Accredited Hospitals in Uttar Pradesh State:

One day Workshop-cum-Training programme on Pharmacovigilance was organized at VPIMS, Lucknow on **24th March**

2018 under the aegis of Indian Pharmacopoeia Commission, National Coordination Centre (NCC) for Pharmacovigilance Programme of India for the training of hospital staff of NABH accredited hospitals in order to understand the systems and procedures involved in ADR-reporting and relevant practices in Pharmacovigilance.



The programme started with the Lighting of Lamp amidst Vedic Invocation followed by welcome address and felicitation of the dignitaries by the Secretary of the Institute. **Mr. Sumit Kumar, Pharmacovigilance Associate, GSVM, Kanpur** apprised the audience on **The Basics of Pharmacovigilance & Mandates and Activities of Pharmacovigilance Programme of India** while **Prof. S. P. Singh, AMC Coordinator, GSVM, Kanpur** briefly outlined on the **Setting up of a Pharmacovigilance System in Hospitals.**

Mr. Durjoy Sarker, Quality Manager, VPIMS, Lucknow gave an elaborate power point presentation on **Importance & Significance of ADR reporting for Accredited Hospitals in India** while Mr. Sumit Kumar discussed Methodology, Forms and formats for monitoring and reporting of Adverse Events (AE)/Adverse Drug Reaction (ADR).

A training-cum-workshop was successfully conducted and attended by 32 delegates from various hospital/organizations besides 12 staff members from VPIMS.

International Women's Day 2018:

The theme for the International **Women's Day, 8 March**, is "**Time is Now: Rural and urban activists transforming women's lives**". Women's Day is celebrated globally on 8 March every year in honour of their remarkable contribution to our society. The day also commemorates the inspiring role of women around the world to secure women's rights and build more equitable societies.

In order to celebrate International Women's Day in a befitting manner, VPIMS, Lucknow organized a Free Camp for female patients pertaining to Gynaecology/Plastic Surgery/Orthopaedic Departments on **9th March 2018**. Approximately 40 women voluntarily participated in the camp. They were screened and all patients requiring operative procedures were offered 30% discount till 30th April 2018.

Medical Camps:

- **Diabetes Acupuncture Camps:** A monthly Diabetes Acupuncture clinic under the guidance of **Dr. Jay Kumar Dixit, President, National Acupuncture Organization of India** was arranged on **5th February & 5th March, 2018**. A total of **34 diabetic patients** were seen during the camp.

- **Smile Train Camp:** Smile Train Camp was organized by Plastic and Craniofacial Surgery Department of the Institute at Aasra Janseva Hospital, Barabanki under the aegis of Smile Train USA on 11 March 2018. 18 Children with congenital lip/palate deformities were selected for surgery at a later date.
- **Village Health Programme :** The Village Health Programme team of VPIMS comprising General Physician, Ophthalmologist, Gynaecologist, Paediatrician, Dental Surgeon, Ayurvedacharya, DNB trainees and paramedical staff with equipment and medicines continued their programmed visits to **KATRA BAKKAS** in Lucknow District on Tuesdays, **HEERPUR ATARIA** in Sitapur District on Wednesdays and Saturdays, **RAMVANKUTIR** in Barabanki District on Thursdays and **MUNDAGOPAL ASHRAMA** in Barabanki District on Fridays and **BISWAN** in Sitapur District on Mondays. The following number of patients were treated during the last two months:

Type	General	Surgery	Ortho	ENT	Skin	Gynae & Obs	Eye	Dental	Ayurveda	Homeo	Unani	Total
New	7211	100	962	373	585	397	7008	691	959	1065	385	19736
Old	6467	71	8840	292	461	397	5361	626	949	2118	1016	26598

Charity Activities

- 1279 In-patients were treated totally free of charge.
- 18033 Out-patients received totally free and 3183 patients received partially free treatment.
- 1090 Cataract Operations including IOL implantations were performed free.
- Under the Smile Train Project, 404 children having cleft lip and palate were operated free.

Math News

182nd Birth Anniversary of Bhagavan Sri Ramakrishna Deva:

The 182nd Birth Anniversary of Bhagavan Sri Ramakrishna Deva is being celebrated for 9 days at Ramakrishna Math, Nirala Nagar, Lucknow from 17th February to 25th February 2018. The day began with due solemnity and grandeur with Mangal Arati, Japa Yajna, Usha Kirtan and Chandi Path followed by a special puja and devotional songs, Reading & Discourse on 'Sri Sri Ramakrishna Lila Prasanga', Havan, Pushpanjali and distribution of Prasad among thousands of devotees.

A public meeting was organized after evening Arati. Swami Narasimhananda, Editor, Parabuddha Bharata, Mayavati delivered a talk on 'Sri Ramakrishna-The Embodiment of Knowledge' and Swami Muktinathananda, Adhyaksha of Ramakrishna Math, Lucknow delivered a talk on 'Sri Ramakrishna – The Personification of Devotion' respectively. The programme ended with the closing song, aptly sung by the Monastic Brothers and the devotees. Cooked Prasad was distributed to all present.

As continuation of the programme, Discourses were presented on the Gospel of Sri Ramakrishna and Srimad Bhagavatam by Swami Muktinathananda Swami Guneshananda respectively, a seminar on Sri Ramakrishna-The Combined form of Sri Rama and Sri Krishna was also held besides Spiritual Retreat for enrolled delegates. Yogasana Demonstrations, Musical Portrayal and Magic Show were also organized on this occasion.



Other Festivals: The birth anniversaries of Swami Yogananda was observed with discussion on his lives and teachings besides celebrating Mahashivaratri, Sri Chaitanya Mahaprabhu Jayanti and Sri Ram Chandra Jayanti. Moreover, Ramnam, Shyamnam & Devnam Sankirtans were held after evening Arati on every Ekadashi, Purnima & Amavasya days respectively.

Appeal

Continuance and expansion of the aforesaid activities of the Ramakrishna Mission Sevashrama, Lucknow largely depend on the benevolent participation of the noble-hearted. We, therefore, appeal to one and all to contribute their mite for selfless service of the common people. Any amount will be thankfully received and gratefully acknowledged. Donations to Ramakrishna Mission are exempt from payment of Income Tax under Section 80G of Income Tax Act 1961. Cheques /Demand Drafts/MO may be drawn in favour of Ramakrishna Mission Sevashrama, Lucknow and send to the address mentioned below. Donations through online can be made to A/c No. 30119716029, IFSC Code: SBIN0003813, State Bank of India, Daliganj Branch (Branch Code: 03813). Please inform us immediately after online transfer, your name, full postal address, PAN No. and amount Donated, by E-Mail: rkml@rkml.org or by separate post.

Ramakrishna Mission Sevashrama
Vivekananda Puram, Lucknow – 226 007, Uttar Pradesh
Phone Nos. : (0522) 232-1277-, 237-1233 Tele Fax: (0522) 2329624
E-Mail : rkmvplko@gmail.com, rkml@rkml.org
Website : www.ramakrishnalucknow.org